

"2<sup>nd</sup> GDYNIA RHYTHMIC STARS"

and



"5<sup>th</sup> BALTIC RHYTHMIC GYMNASTICS JUNIOR CUP"



21-23.06.2019

## **COMPETITION SCHEDULE**

20.06.2019 Thursday		
All day	Arrival day for delegations	
21.06.2019 Friday		
8.00-13.30	Accreditation at the Gdynia Arena venue	
9.00-15.00	Official training "2 <sup>nd</sup> Gdynia Rhythmic Stars "	
13.30	Orientation meeting	
	"2 <sup>nd</sup> Gdynia Rhythmic Stars "and "5 <sup>th</sup> Baltic Junior Cup"	
	Judges meeting & Drawing of lots for judges	
	"2 <sup>nd</sup> Gdynia Rhythmic Stars " and "5 <sup>th</sup> Baltic Junior Cup"	
15.20	<b>Opening Ceremony</b> "5 <sup>th</sup> Baltic Rhythmic Gymnastics Junior Cup"	
15.30-21.00	"5 <sup>th</sup> Baltic Rhythmic Gymnastics Junior Cup"	
	15.30-17.30 <b>Category I</b> born 2010/2011 – without apparatus and apparatus by choice	
	17.40-19.20 Category II born 2009 – rope and apparatus by choice	
	19.30-21.00 Category IV JUNIORS – clubs and apparatus by choice	
	*after each category will take place awarding ceremony for 8 best gymnasts	
22.06.2019 Saturday		
8.00-10.00	Official training for groups "2 <sup>nd</sup> Gdynia Rhythmic Stars "	
8.30	Judges Instructions "2 <sup>nd</sup> Gdynia Rhythmic Stars "	
10.00-10.20	<b>Opening Ceremony</b> "2 <sup>nd</sup> Gdynia Rhythmic Stars "	
10.20-11.20	Juniors and seniors – groups competition – 1 exercise	
11.25-11.30	Break (free time for individual juniors on podium)	
11.30-12.35	Juniors Group A (team competition and individual) rope + ball	
12.35-13.35	Juniors Group B (team competition and individual) rope + ball	
13.35-13.45	Break	
13.45-14.50	Juniors Group A (team competition and individual) clubs + ribbon	
14.50-15.50	Juniors Group B (team competition and individual) clubs + ribbon	
15.50-16.30	Lunch break	
16.00-16.20	"5 <sup>th</sup> Baltic Rhythmic Gymnastics Junior Cup"	
	Category born 2012/2013 - without apparatus	

16.30-17.30	Juniors and seniors – groups competition – 2 exercise
17.30-17.45	Break (free time for individual seniors on podium)
17.45-19.00	Seniors individual (All Around Competition) hoop+ ball
19.00-21.30	"5 <sup>th</sup> Baltic Rhythmic Gymnastics Junior Cup"
	Category III- 2007/2008 ball and apparatus by choice
	19.00-20.15 – Group A
	20.15-21.30 – Group B
21.30-21.45	Award Ceremony Category III 2007/2008
	and Closing Ceremony"5 <sup>th</sup> Baltic Rhythmic Gymnastics Junior Cup"
23.06.2019 Sunday	
10.00-12.00	Finals for groups – juniors and seniors
12.00-12.15	Break (free time for individual seniors on podium)
12.15-13.45	Seniors individual ( All Around Competition ) clubs + ribbon
13.45-14.15	Lunch break (free time for individual juniors on podium )
14.15-16.15	Apparatus finals for Juniors: rope, ball, clubs, ribbon
16.30-17.00	Award Ceremony "2 <sup>nd</sup> Gdynia Rhythmic Stars"
	Junior Team Competition and finals
	Senior individual all-around
	Junior and senior group all-around and finals
	Closing Ceremony "2 <sup>nd</sup> Gdynia Rhythmic Stars"
24.06.2019 Monday	
All day	Departure of the Delegations