

2. THE COMPETITION

2.1 Schedule

DATE/TIME	DESCRIPTION	VENUE
Saturday, 8th of August 2026		
All Day	Arrival of European Gymnastics/WTC	
	Meeting – European Gymnastics Staff & LOC Staff	HOTEL SHERATON
Sunday, 9th of August 2026		
All day	Arrival of the WTC - European Gymnastics	
All day	Official Arrival Day of the Delegations	
13:30 – 20:50	Training on Request	TH & WUH
Monday, 10th of August 2026		
All Day	Training as per the Schedule	TH & WUH
14:00 – 17:30	Judges Instruction & Draw for Qualification Competition (Junior & Senior) & Team Final (Seniors)	HOTEL SHERATON
19:30	Orientation Meeting	Judges Room - Arena
Tuesday, 11th of August 2026		
All Day	Junior Training as per the Schedule	TH
As per the Schedule	Seniors Warm-up - Podium Training	
08:50	D-Panel Briefing – Seniors	Judges Room - Arena
09:30 – 21:00	Seniors Podium Training (Subdivision 1-5) Subdivision 1 Subdivision 2 Subdivision 3 Subdivision 4 Subdivision 5	FOP
Wednesday, 12th of August 2026		
All Day	Senior Training as per the Schedule	TH
As per the Schedule	Juniors Warm-up - Podium Training	
09:30	D-Panel Briefing – Juniors	Judges Room - Arena
09:30	Deadline for submission of Start Order for Senior QC	Online on Gyndata (see attachment 4)
10:00 – 20:00	Juniors Podium Training (Subdivision 1-4) Subdivision 1 Subdivision 2 Subdivision 3 Subdivision 4	FOP

Thursday, 13 th of August 2026		
All Day	Junior Training as per the Schedule	TH
As per the Schedule	Seniors Warm-up - QC	
08:15	Judges Briefing – Seniors	Judges Room - Arena
10:00	Deadline for submission of Start Order for Juniors QC	Online on Gymdata (see attachment 4)
09:30 – 21:05 09:30 – 10:35 11:00 – 13:05 13:30 – 15:35 16:30 – 18:35 19:00 – 21:05 Immediately after	Seniors Qualification Competition (Subdivision 1-5) Subdivision 1 Subdivision 2 Subdivision 3 Subdivision 4 Subdivision 5 Medal Ceremony – Seniors All-Around Final Champion	FOP
Friday, 14 th of August 2026		
All Day	Senior Training as per the Schedule & On Request	TH
As per the Schedule	Juniors Warm-up - QC	
08:30	Judges Briefing – Juniors	Judges Room
10:00 – 20:00 10:00 – 12:05 12:30 – 14:35 15:30 – 17:35 18:00 – 20:05 Immediately after	Juniors Qualification Competition (Subdivision 1-4) Subdivision 1 Subdivision 2 Subdivision 3 Subdivision 4 Medal Ceremony – Juniors Team and All-Around Final Champions	FOP
Saturday, 15 th of August 2026		
All Day	Training as per the Schedule	TH & WUH
As per the Schedule	Warm-up Seniors - AF	
12:45	Judges Draw for AF – Seniors & Juniors	Judges Room - Arena
13:30	Judges Briefing – Senior Apparatus Finals	Judges Room - Arena
13:00 – 14:00	Training on the Podium – Seniors	FOP
14:15 – 14:45	Opening Ceremony	FOP
16:00	Deadline for submission of Start Order for Seniors Team	Online on Gymdata (see attachment 4)
15:00 – 18:20	Seniors Individual Apparatus Finals & Medal Ceremonies	FOP
Immediately after	SmartScoring Shooting Star Award	FOP
Immediately after	Gymnast of the Year 2025 Award	FOP

Sunday, 16th of August 2026		
As per the Schedule	Warm-up – Juniors	
08:30	Judges Briefing – Juniors AF	Judges Room - Arena
08:30 – 09:30	Training on the Podium – Juniors	FOP
10:00 – 13:20	Juniors Individual Apparatus Finals & Medal Ceremonies	FOP
14:30	Judges Briefing – Senior Team Finals	Judges Room
As per the Schedule	Warm-up Seniors - TF	WUH
16:00 – 18:20	Seniors Team Final & Medal Ceremonies	FOP
20:00 – 24:00	Farewell Banquet	Hotel Zonar
Monday, 17th of August 2026		
All day	Official Departure Day	

2.2 Competition Format

The FIG requirements for Juniors and for Seniors will be applied for all phases of competitions.

Event ID, Senior: 18233

Event ID, Junior: 18234

The Qualification Competition will act as the continental qualification competition for the 54th Artistic Gymnastics World Championships 2026 in Rotterdam, Netherlands. Please refer to Section 2, Article 5 of the FIG Technical Regulations for more details around the rules & continental quotas.

QUALIFYING COMPETITION

Seniors - Qualifying Competition including All-Around Final, plus qualification for Apparatus Finals & Team Final

Juniors - Qualifying Competition including All-Around and Team Final, plus qualification for the Apparatus Finals

A Senior and Junior team consists of 3 - 5 gymnasts, of which up to 4 gymnasts compete on each apparatus.

The 3 best scores on each apparatus are added together to make the team total on that apparatus.

The NF nominates the team on each apparatus.

If a Federation does not have a sufficient number of gymnasts for a full team, it is possible to participate with a maximum of three (3) Individual gymnasts.

A separate All-Around Final result list will be produced to include the 24 gymnasts with the highest ranking obtained. A maximum of 2 gymnasts per Federation will be taken into consideration.

The results from the Senior Qualifying Competition will determine the All-Around Senior European Artistic Gymnastic Champion 2026.

The results from the Junior Qualifying Competition will determine the Junior European Artistic Gymnastics Team Champions 2026 as well as the All-Around Junior European Artistic Gymnastic Champion 2026.

SENIORS & JUNIORS - Apparatus Finals

The 8 highest ranked gymnasts on each apparatus from the Qualifying Competition will qualify for the respective Apparatus Final. A maximum of two gymnasts per Federation will be allowed in the finals.

SENIORS - Team Final

The 8 best Teams from the Qualifying Competition will participate in the Team Final. Teams consist of 3 to 5 gymnasts. 3 gymnasts will compete on each apparatus with all 3 scores counting towards the total score for the Team on that apparatus.