

COVID-19 GUIDELINES AND PROCEDURES

BEFORE THE EVENT

GENERAL INFORMATION

- All participants are responsible for their own health- and travel related risks and shall also follow the recommendations of their own country on this matter.
- Daily monitoring of the health status of athletes and delegation members must be performed by the team medical (or if not available, the head of delegation) for 14 days before and during the event. This has to include taking daily temperatures and monitoring symptoms related to Covid-19.
- It is the responsibility of the delegation to verify the current entry regulations to the host country for their specific delegation with the LOC prior to departure.
- Information about restrictions and prescriptions to enter Italy can be found on the following Italian Government website:

<http://www.salute.gov.it/portale/nuovocoronavirus/dettaglioContenutiNuovoCoronavirus.jsp?lingua=english&id=5412&area=nuovoCoronavirus&menu=vuoto>

Exemption to the quarantine for Sport Events applies as per current legislation to the following categories

- to the entry of athletes, coaches, judges, competition commissioners and accompanying persons, representatives of the foreign press for participation in the sporting competitions referred to in Art. 18, paragraph 1 who, in the 48 hours prior to entering the national territory, have undergone a molecular or antigenic test, carried out by means of a swab and found to be negative.

The reference organisations for this exemption are CONI and CIP (Article 18(1)). Participants are required to comply with the protocols issued by their national sports federations, associated sports disciplines, and sports promotion bodies.

The only way to avoid quarantine entering in Italy is to stay within the competition “bubble” and follow this protocol from the arrival at the airport in Italy to the departure.

Details can be found here:

<http://www.salute.gov.it/portale/nuovocoronavirus/dettaglioContenutiNuovoCoronavirus.jsp?lingua=english&id=5412&area=nuovoCoronavirus&menu=vuoto&tab=8>

- Italian law prescribes to wear a face mask, not only in closed spaces accessible to the public, but also in indoor spaces in general and also in all outdoor spaces. Any form of assembly is forbidden.

DURING THE EVENT

GENERAL INFORMATION

- The use of disposable FFP2 masks is mandatory at all times. FFP2 masks can be worn maximum 3 days and must be disposed afterwards. It is the responsibility of the delegation to bring a sufficient number of FFP2 masks to the event. The LOC can provide an emergency supply of masks.
- Social distancing requirements must be observed at all times.

- Delegations only enter their own hotel during their stay at the event. No visits in any of the other hotels.
- It is strongly recommended not to leave the event sites (competition & training venues, hotel, official transportation) during the whole duration of the stay.
- Any accredited person who feels ill must inform the LOC by phone via the number provided on the accreditation card.
- If a person is sent to quarantine (either due to a positive Covid-19 diagnosis or due to having been close to a person diagnosed with Covid-19), all occurring costs (accommodation, meals, transfers, further tests, medical costs, etc.) are at the responsibility of the delegation.

LOCAL TRANSPORTATION

- The Organizing Committee will provide shuttle bus transportation between airports/railways station, hotels and competition venue between June 2nd and June 5th for training and competition. Transport will be arranged based on training and competition schedule. Only people involved in a specific training/competition groups will be allowed to access a specific time bus.
- All forms of public transport must be avoided.
- On busses all participants are requested to:
 - Properly wear a FFP2 mask
 - Maintain social distancing
- Busses will be regularly sanitized

AT ACCREDITATION

- HOD are requested to provide a negative Covid-19 PCR (Polymerase chain reaction) test results not older than 48 hours before crossing Italian borders of all delegation members. The documents must be from an official test laboratory, include the names of the delegation members and be in English or Italian.
- HOD are requested to provide a valid phone number (working in Italy) and e-mail address. These contact details will be used during and after the competition to inform delegations about possible risky contacts.
- HOD are requested to hand in the pre-competition health- and responsibility questionnaire (available in APPENDIX 1 of the Workplan) of all delegation members.

AT THE VENUE

- The access to the Venue will be limited to the training/competing group. Besides athletes the access will be allowed to coaches, medical staff and HOD up to a maximum of 4 person per Delegation.
- HOD will be asked to sit, maintaining proper distance, in the designated area during all their stay at the Venue.
- The competition will be closed-door.
- Judges will be allowed to access the Venue according to the schedule of the panel they are involved in.
- The use of changing room is not allowed, access will be limited to toilets. Gymnasts and Judges are requested to access the Venue already wearing their training/competition attire.
- Entering the Venue all accredited persons are requested to:
 - Properly wear a FFP2 mask

- Maintain social distancing
- Measure their temperature using the provided thermoscan at the entrance
- Wear clean shoes dedicated to the venue or shoe cover. Disposable shoe cover will be provided by LOC. When leaving the Venue shoe cover must be disposed in the specific trashes.
- Disinfect hands
- Sign the attendance sheet

DURING TRAINING AND COMPETITION

- Gymnasts do not need to wear a FFP2 mask while they are performing at the warmup area or on the FOP and keeping a physical distance of at least 1.5 meters whenever possible. They are requested to wear it while marching in and during awarding ceremony.
- Coaches/Medical Staff/HOD/JUDGES are required to properly wear a FFP2 at all times.
- Disinfection of the hands before any touching of apparatus is mandatory.
- Coaches are required to disinfect hands each time before using spotting mats.
- Gymnasts performing on the floor (warming up or stretching) are requested to use the disposable towel provided by LOC. LOC will provide one disposable towel a day per Gymnast. If the gymnast attends more than one training session in a day is requested to keep the towel for all the sessions of the day. At the end of the day the towel has to be disposed in the specific trashes at the venue.
- During competition, before and after their performance, gymnasts and coaches must stay on the defined waiting areas/seats, maintaining social distancing, not walk around.
- All unused clothes (jackets/trousers/shoes...) must be stored in bags. No items can be left around the Venue

AWARDING CEREMONY

- Athletes are requested to wear FFP2 mask, they are allowed to be unmasked for the photos only.
- Athletes must remain on their own podium step without making any contact with the other athletes.
- Dignitaries and hostesses are required to wear a protective FFP2 mask.
- Athletes will collect their medal themselves either from a tray presented by the hostesses.
- No physical contact between dignitary and gymnast are allowed.

TO AVOID:

- Spitting on the hands before performances
- Shaking hands with or hugging others
- Sharing magnesium carbonate with others. **According to the Italian Gymnastics Federation Protocol gymnasts who are used to use magnesium are requested to have their own magnesium, in a plastic bag or box, or liquid chalk.**
- Sharing bottles/glasses. **LOC will provide water to gymnasts in small plastic bottles. Gymnasts are requested not to leave their bottles anywhere in the venue and to dispose them in the plastic dedicated trashes at the venue.**
- Any close physical interaction than absolutely necessary between gymnasts and coaches

BEFORE DEPARTURES

GENERAL INFORMATION

- Necessary PCR tests for the return trip will be arranged upon request of the delegations and are at their own cost. **Delegations are requested also to inform LOC before hands about any specific request in term of timing or special need/form related to PCR tests report.** PCR tests will be arranged upon request of the delegations and are **at their own cost**. PCR cost is 90 € and has to be paid cash in euro upon accreditation.
- PCR test will be arranged **at the Competition all on Friday 4th of June**. Each delegation will be requested to go for it after it's competition group. The time schedule will be confirmed upon accreditation.

LOC ORGANIZATIONAL INFORMATION

GENERAL INFORMATION

- All LOC staff members will be Covid tested before and during competition.
- A daily disinfection of the whole Venue is done daily, after training/competition end, by Centro Sportivo San Filippo staff.
- After each training/competition group is scheduled a break to ventilate the Venue and disinfect surfaces by wiping (Trampoline frame and mats, spotting mats, judges tables ,...).

COVID TRACKING

- To trace COVID-19 cases during and after the event:
 - the LOC will collect at accreditation the contact details of the responsible person for each delegation
 - Each accredited person is requested to sign attendance sheet when entering the Venue

WHAT TO DO IF SYMPTOMS compatible with COVID-19 appear while you are in Italy

- Immediately inform LOC
- Self-isolate and remain in your room with the door closed but ensuring adequate natural ventilation
- Avoid contact with other persons, including your delegation members
- Respect the ban to go around
- Wash your hands with soap and water and implement the other hygienic measures
- Follow good respiratory hygiene and dispose tissues properly putting them after use in double bags
- Be available at the daily calls of the health staff in charge of monitoring your health conditions during the health surveillance
- Avoid taking drugs without medical prescription
- All persons having been in close contact with anyone showing symptoms compatible with COVID-19 or positive tested person must return to the hotel and remain in their respective rooms for further instructions by the LOC following consultation with the local public health authority.

LOC, in accordance with the public health authority, will guide and assist delegations during all the phases from precautional isolation till the solution of any COVID suspect case.

LOC will update all delegations about any relevant modification of Covid regulations and norms in Italy that can affect their stay.

Additional Resources:

WHO Video- Athlete/Delegation Education Options:

- How to protect yourself
<https://www.youtube.com/watch?v=1APwg1df6Mw>
- How to protect yourself
<https://youtu.be/bPITHEiFWLc>
- How to protect yourself while travelling
<https://youtu.be/OKBvReECRrI>