

# FIG FLACK!



# THE WOMEN'S ARTISTIC GYMNASTICS NEWSLETTER - N° 01 - 15th cycle

LAUSANNE (SUI), 7th February, 2022 updated March 2022

To all Federations,

Following the questions received from the Continental Unions, the National Federations and the judges, the Women's Technical Committee presents the below Question & Answer (Q&A) document to ensure a better and clear understanding of the rules.

With the goal to improve the Artistic component worldwide, the WTC in collaboration with FIG/STS educational program is glad to announce that the presentation regarding "Artistry explanation" is now open to all coaches and judges. Use the following link to have direct access:

https://web-sts.com/Womens/JudgeInstructions/2022/FX/A/index.html

We kindly request that the information be distributed urgently to all FIG Brevet judges and coaches.

**Donatella SACCHI** 

Donatella Sachi

President of the Women's Technical Committee



# WAG CODE OF POINTS 2022-2024 QUESTION AND ANSWERS (Q&A)



# **7<sup>TH</sup> February 2022**

# **SECTION 8 - REGULATIONS GOVERNING THE E SCORE**

#### **QUESTION 1:**

If landing with feet slightly apart – Is it necessary to put heels together to avoid the deduction for "feet/legs apart"?

#### **ANSWER**

When the feet are slightly apart there is no deduction. It is not necessary to put the heels together to avoid a deduction.

Landing in 3rd position in dance elements will also incur no deduction.

#### **QUESTION 2:**

Can there be a clarification regarding attempting the Mount on UB or BB?

#### **ANSWER**

When the gymnast attempts to mount, **touches the springboard** but fails to mount then it is considered a "Fall" and the deduction is **1.00 p. by the E Panel.** 

How the gymnast starts the routine will **NOT** be considered an empty run.

Touch springboard

When gymnast attempts to mount but does **not touch the springboard** then this is a deduction of **1.00 p. by the D Panel** for **empty run.** 



# **QUESTION 1:**



Is a VT that lands on one foot prior to falling forward or backward evaluated or given "0.00 Vault"?

#### **ANSWER**

Landing on one foot is not consider a "0.00" vault. Recognise as a vault from Vault Table of Elements.



# **QUESTION 1:**

Are Deltchev on and Gienger considered the same elements because they have same number (3.405)?

#### **ANSWER**

They are considered different elements because the Deltchev is a salto FWD and Gienger is a salto BWD.

# **QUESTION 2:**

Can CV of 0.10 p. be awarded (D +D) for Pak into Shaposhnikova followed by a kip on HB?

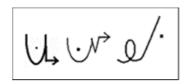


#### **ANSWER**

No, because after Shaposhnikova there is an "Empty swing" (kip).

# **QUESTION 3:**

What is DV, CV and CR to be counted in the following example?



# **ANSWER**

D + X + D and NO CV for either connection, because the second Tkachev is different from the first one; therefore the Tkachev principle applies.

# **QUESTION 4:**

In this example the second Tkachev has no value because it is a repeated skill but also a second Tkachev which is not permitted due to root skill Tkachev principle. Therefore, can it be used for CV?

D + D + X + D 0.10 + 0.20 + 0.10

Total CV + 0.40

#### **ANSWER**

Award CV based on the following rule.

# Section 7 – Page 4

with the direct connection of 3 or more elements, the repeated flight element on UB, or salto on BB and FX must be directly connected.

Therefore CV will be rewarded for all connections.

Note: The CV ruling allowing repetition of same flight skill (Section 7 – Page 4) will take precedence over the Tkachev principle. (Section 11/11.2/ Page1)

#### **QUESTION 5:**

What is the E Panel evaluation of the following video?



#### **ANSWER**

- \*Deductions: Intermediate swing 0.50 p.
- \*NO brush mat for the first brush, since it is during the Intermediate swing (therefore clearly
- \*Brush mat 0.30 p. for the second brush, since it occurs in the swing for the kip (kip is recognised for DV)

# **QUESTION 6:**

The gymnast performs MT 1.105

(jump with full turn to HANG on HB), and she continues with the long kip. Is this one or two elements?

#### **ANSWER**

exercise

It will be considered as two elements. This is important in the case of short

# **QUESTION 7:**

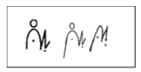
If a gymnast does not attempt to perform a dismount, is there always a 1.50 p. deduction. 1.00 p. for a "Fall" (even if it's just jumping down from the Bars / Beam and not a proper fall) + 0.50 p. for "No attempt to dismount"?

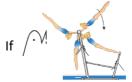
#### **ANSWER**

The deduction is always 1.00 p. (E-Panel) for a fall; 0.50 p. no DMT (D-Panel); count max. 7 elements.

# **QUESTION 8:**

What is the evaluation of the following?





not reaching handstand (within 10°) + kip

#### **ANSWER**

If the Forward Giant  $\int_{-\infty}^{\infty}$  is not reaching handstand (within 10°) it is considered an empty swing (0.50) therefore no CV awarded, (E+E).

# **QUESTION 9:**

What is the evaluation of the following?





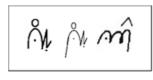
not reaching handstand (within 10°) + FALL

# **ANSWER**

If the Forward Giant  $\int_{-\infty}^{\infty}$  is not reaching handstand (within 10°) it is considered an empty swing; in this example, apply 1.00 p. for fall (E Panel) and no CV (D Panel) for E + E.

# **QUESTION 10:**

What is the evaluation of the following?



No grasp  $\left. \begin{array}{c} \widehat{\ \ } \end{array} \right|^{\Lambda}$  ; NO DV

#### **ANSWER**

In this example CV (E + E)  $\stackrel{\circ}{\sim}$   $\stackrel{\circ}{\sim}$  will be awarded because the Jaeger has been completed but with no grasp.

# **QUESTION 11:**

Are there NO additional execution deductions applied for both intermediate swing and empty swing?

#### **ANSWER**

We apply deduction for Empty Swing and Intermediate swing (0.50 P.) but we do not apply execution deductions.

Note: After Shaposhnikova we do not apply empty swing deductions (unless kip); we therefore need to apply execution deductions.

# **QUESTION 12:**

If the gymnast has attempted the dismount but does not land feet first, what happens if she remounts and performs the DMT successfully?

#### **ANSWER**

If the gymnast performs the dismount successfully, she will receive 8 elements (D-Panel).

1.00 p. for fall for the first attempt (E-Panel) and execution deductions for the performed dismount

#### **QUESTION 13:**

In the Weiler kip if the handstand is not achieved then it is considered another element?

#### **ANSWER**

It will be awarded "A" (2.104) if shoulders are approximately at 45° prior to vertical at the end of the circle.



# **QUESTION 14:**

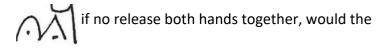
In the following element (2.202), if the flight is not visible (no release of both hands together) will the DV be one DV lower?

# **ANSWER**

It will be one DV lower because there is no flight, therefore it is not the element described in the Code and there is no other element in the Code to refer. There will be no CR flight same bar.

#### **QUESTION 15:**

In the following element (3.309), DV be one lower?



#### **ANSWER**

It will be one DV lower because there is no flight, therefore it is not the element described in the Code and there is no other element in the Code to refer. There will be no CR flight same bar. CR – different grip – will be recognised.



#### **QUESTION 1:**

What DV is recognised when Split jump with half turn on BB in side position - if split performed first, then half turn but the half turn is not completed within 30°?

#### **ANSWER**

According to the Code of Points, Section 7, page 2, "Jumps that start from side position and finish in cross position, consider as element performed in cross position."

Therefore award "B Value"

# **QUESTION 2:**

COP "In jumps, leaps and hops with  $\frac{1}{2}$  turn (180°) the prescribed position must be reached at the <u>beginning or at the end"</u>

Is there any indication of degrees to consider that the position is shown at the beginning or at the end?

Example: gymnasts showing the split position after 90° of rotation but before 180°

#### **ANSWER**

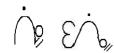
There must be less than 45° deviation from the ideal prescribed position of the split, straddle or prescribed position to award "D".

Any deviation from the ideal position will receive a deduction for "Precision".

Should the deviation be 45° and greater, it will be awarded "B" value.  $\square$ 

# **QUESTION 3:**

Elements 5.405 & 5.505 with "hip circle" can fulfil CR 2 (rolls). In the CoP it is written that "rolls" can fulfill only CR 2.



Can these elements also fulfill CR 4 (acro elements in different directions)?

#### **ANSWER**

These elements can fulfill CR#2 because they are in the list of elements that can fulfil CR#2 even though they are not "pure rolls".

These elements with & without the back hip circle can fulfill CR #4.

Note: These elements will not fulfill CR #2 if the back hip circle around the beam is not performed.

# **QUESTION 4:**

What is the evaluation if gymnast grasps the beam after second layout salto with stepout?



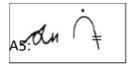
#### **ANSWER**

Follow the "grasp the beam" principle when determining bonus.

D + C + X (grasp)  $\rightarrow$  CV for D+C = 0.20P (no CV C+C and no SB)

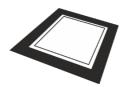
# **QUESTION 5:**

Does the following connection fulfil CR (Acro series)?



#### **ANSWER**

This connection will fulfil CR #3 for Acrobatic Series but will not be considered rebounding because does not develop speed in one direction. Therefore, NO CV will be awarded.



#### **QUESTION 1:**

What is the evaluation if the gymnast bends the free leg in a tuck stand turn on FX?

#### **ANSWER**

Bent leg in Tuck Stand Turn will receive the DV of turn in tuck stand, until gymnast drops the heel, or places the free leg. We apply execution deductions (body shape), which include the bent leg.

# **QUESTION 2:**

Is the element 2.307



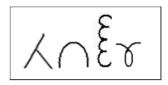
considered in the quota of turns in tuck stand?

#### **ANSWER**

This element is in the quota for turns in tuck stand even though the element is a combination of a turn with free leg at horizontal and a turn in tuck stand.

# **QUESTION 3:**

If the last element starts out of the FX border, can the gymnast get the DMT Bonus?



#### **ANSWER**

If the salto in the last acro line takes off out of the border, the salto has NO DV, with no fall. The Acro Line ends with the first salto and the DMT bonus will be awarded.

# **QUESTION 4:**

What is the value and deductions for this element performed with the free leg bent?



# **ANSWER**

It is awarded an "A" element (1.110) Stretch Hop 1/1.  $\bigcirc$ 

There will be no body shape deduction if the bent leg is in a clear and well defined position.

#### **QUESTION 5:**

If and are performed with the free leg bent, which DV will be recognised?

#### ANSWER

They will be recognised as "B" or "A" or turn with free leg optional

# **QUESTION 6:**



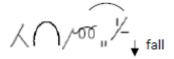
Which element will be recognised if in Johnson  $\nearrow \triangle$  the 90° of the turn is not completed?

#### **ANSWER**

It is still recognised as Johnson. Apply deduction for "precision"

# **QUESTION 7:**

Can we recognise DMT Bonus if the fall occurs in the dance element performed at the end of the last Acro Line?

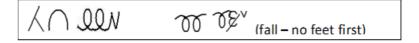


# **ANSWER**

No DMT Bonus if there is a fall in the last Acro Line regardless of being in an acro or dance element

# **QUESTION 8:**

What is the D Panel evaluation if gymnast performs a routine with the following elements?



### **ANSWER**

- Award both ACRO Lines
- No DMT Bonus and NO CV
- Count 8 Elements as long as there are 4 additional elements of which 3 must be dance elements.

# **QUESTION 9:**

What is the D Panel evaluation if gymnast performs a routine with the following elements?

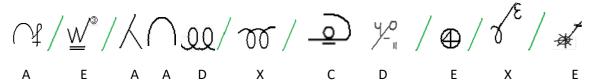


#### **ANSWER**

- Only one ACRO Line
- No DMT 0.50 Neutral deduction (D-Panel)
- Count max. 7 Elements (in this example 1A; 1D)
- No DMT Bonus
- ♦ No DV for
- ❖ No CR for 🥡

#### **QUESTION 10:**

What is the D Panel evaluation if gymnast performs this routine?



#### **ANSWER**

Calculation: (Count 7 elements) Only one Acro Line therefore NO DMT

Acro: 1D 2A = 0.60

Dance: 3E 1D = 1.90

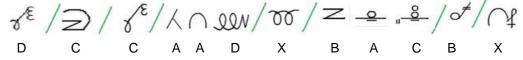
CR: = 1.00

CV: = 0.00 & NO DMT Bonus

Note: The principle of minimum 3 Acro elements must be respected

# **QUESTION 11:**

What is the D Panel evaluation if gymnast performs this routine?



# **ANSWER**

Calculation: (Count 7 elements) Only one Acro Line therefore NO DMT

Acro:  $2D \ 1C = 1.10$ 

Dance: 2C 2B = 1.00CR

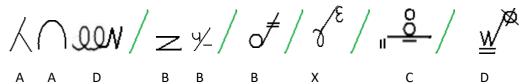
= 1.00

CV = 0.00 & NO DMT Bonus

Note: The principle of minimum 3 Acro elements must be respected

# **QUESTION 12:**

What is the D Panel evaluation if gymnast performs this routine?



# **ANSWER:**

Calculation: (Count 7 elements) Only one Acro Line therefore NO DMT

Acro: 1D 2A = 0.60

Dance: 1D 1C 2B = 1.10

CR = 1.00

CV = 0.00 & NO DMT Bonus

Note: The principle of minimum 3 Acro elements must be respected