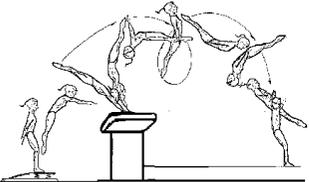
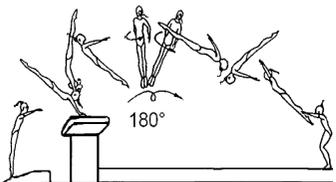
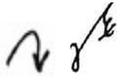
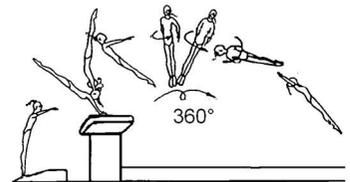
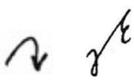
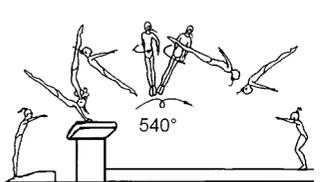
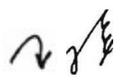
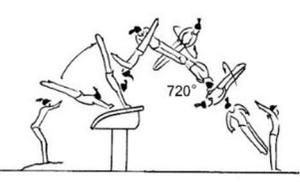
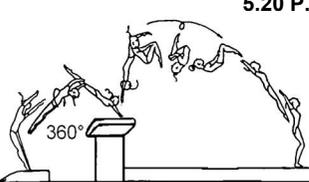
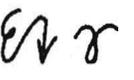
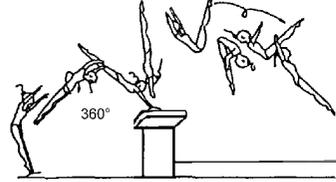
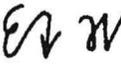
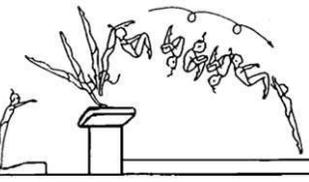
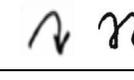
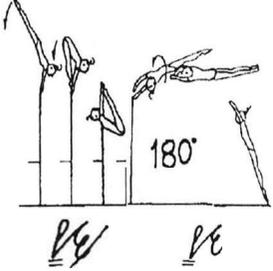
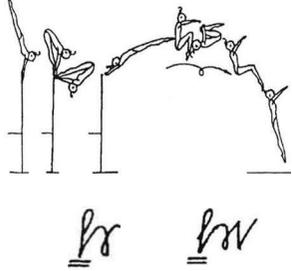
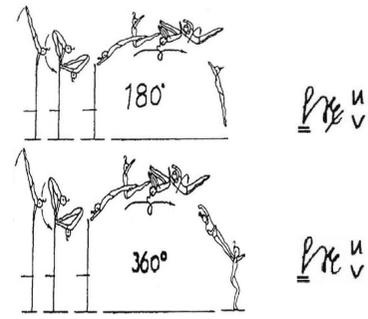
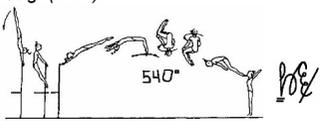
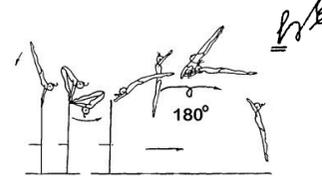
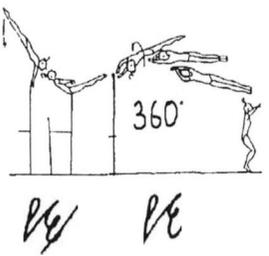
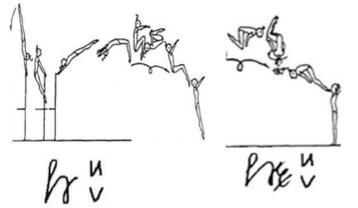
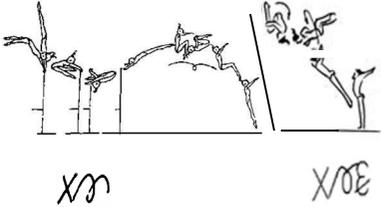
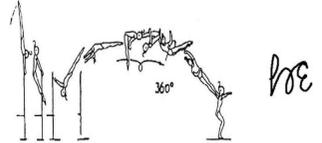
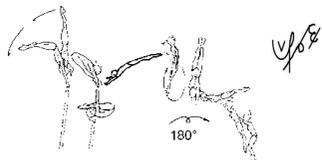
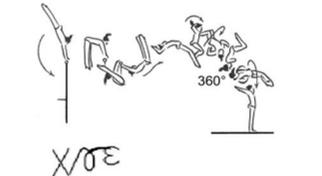
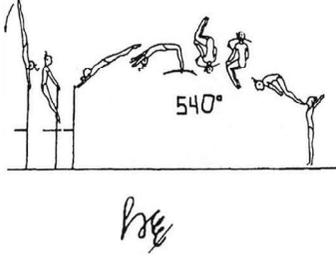


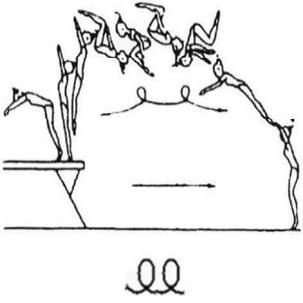
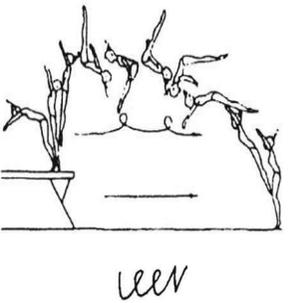
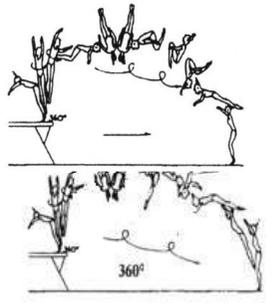
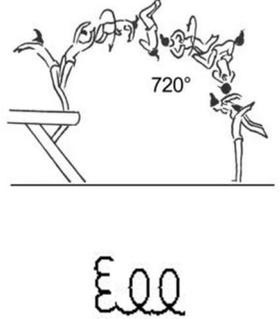
GRUPPO 2 — RIBALTATE CON/SENZA 1/1 (360°) AVVIT. NEL 1° VOLO – SALTO AVANTI/DIETRO CON/SENZA AVVIT. SULL'AL N 2° VOLO

<p>2.30 <i>Handspring fwd on – stretched salto fwd off</i> <i>Ribaltata salto avanti teso</i></p> <p style="text-align: right;">4.60 P.</p>  	<p>2.31 <i>Handspring fwd on – stretched salto fwd with ½ turn (180°) off</i> <i>Ribaltata salto avanti teso con ½ avv.(180°)</i></p> <p style="text-align: right;">5.00 P.</p>  	<p>2.32 <i>Handspring fwd on – stretched salto fwd with 1/1 turn (360°) off</i> <i>Ribaltata salto avanti teso con 1 avv.(360°)</i></p> <p style="text-align: right;">5.40 P.</p>  	<p>2.33 <i>Handspring fwd on – stretched salto fwd with 1½ turn (540°) off</i> <i>Ribaltata salto avanti teso con 1 ½ avv. (540°)</i></p> <p style="text-align: right;">5.80 P.</p>  	<p>2.34 <i>Handspring fwd on – stretched salto fwd with 2 turn (720°) off</i> <i>Ribaltata salto avanti teso con 2 avv. (720°)</i></p>  	<p>2.35</p>
<p>2.40 <i>Handspring fwd with 1/1 turn (360°) on – tucked salto fwd off</i> <i>Ribaltata con 1 avv. (360°) nel 1° volo –salto avanti raccolto nel 2° volo</i></p> <p style="text-align: right;">5.20 P.</p>  	<p>2.41 <i>Handspring fwd with 1/1 turn (360°) on – piked salto fwd off</i> <i>Ribaltata con 1 avv.(360°) nel 1° volo – salto avanti carpiato nel 2° volo</i></p> <p style="text-align: right;">5.60 P.</p>  	<p>2.42</p>	<p>2.43</p>	<p>2.44</p>	<p>2.45</p>
<p>2.50 <i>Handspring fwd on – tucked double salto fwd off</i> <i>Ribaltata doppio salto avanti racc</i></p> <p style="text-align: right;">6.40 P.</p>  	<p>2.51</p>	<p>2.52</p>	<p>2.53</p>	<p>2.54</p>	<p>2.55</p>

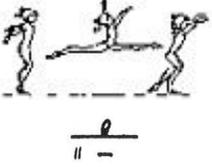
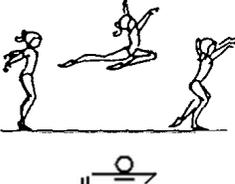
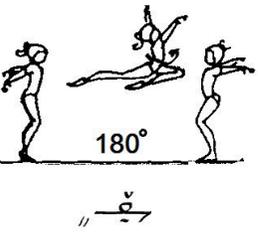
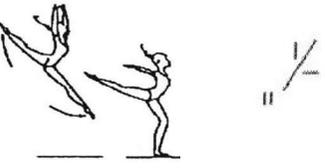
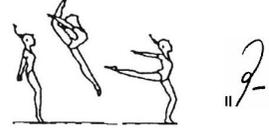
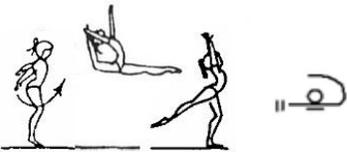
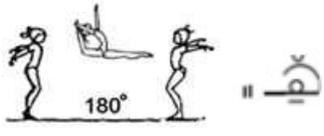
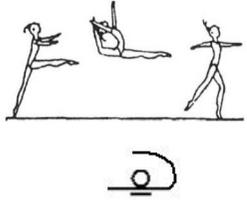
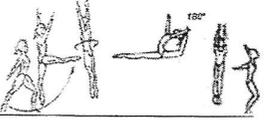
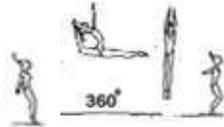
6.000 USCITE

A	B	C	D	E	F/G
<p>6.101 From HB – underswing with ½ turn (180°) or 1/1 turn (360°) to stand</p> <p>Dallo SS – oscillazione sotto lo st. con posa dei piedi (fioretto)-1/2g. (180°) o 1 g. (360°) arrivo in piedi</p> 	<p>6.201 From HB – underswing with salto fwd tucked or piked</p> <p>Dallo SS oscillazione sotto lo st con posa dei piedi (fioretto) salto avanti raccolto o carpiato</p> 	<p>6.301 From HB – underswing with salto fwd tucked or piked with ½ turn (180°) or 1/1 turn (360°)</p> <p>Dallo SS fioretto salto avanti raccolto o carpiato con ½ g.(180°) o 1 g. (360°)</p> 	<p>6.401 From HB – underswing with salto fwd tucked with 1½ turn (540°)</p> <p>Dallo SS-fioretto salto av.racc. con 1 ½ g. (540°)</p>  <p>From HB - underswing with salto fwd stretched with ½ turn 180°). Dallo SS-fioretto salto avanti teso con ½ g. (180°)</p> 	<p>6.501</p>	<p>6.601</p>
<p>6.102 From HB – clear underswing with ½ turn (180°) or 1/1 turn (360°) to stand</p> <p>Dallo SS – oscillazione libera sotto lo staggio con ½ g (180°) o 1g.(360°)- arrivo in piedi</p> 	<p>6.202</p>	<p>6.302 From HB – clear underswing with salto fwd tucked or piked also with ½ turn (180°)</p> <p>Dallo SS – oscillazione libera sotto lo staggio e salto avanti racc. o carp.anche con ½ g (180°)</p>  <p>Clear straddle circle with salto fwd tucked – also with ½ (180°) turn Oscillazione libera sotto lo staggio in pos.carpiata divaricata e salto avanti raccolto anche con ½ giro (180°)</p> 	<p>6.402 Dallo SS – oscillazione libera sotto lo staggio e salto av.rac..con 1 g.(360°)</p>  <p>Oscillazione libera sotto lo staggio e salto avanti teso con ½ g. (180°)</p>  <p>Oscillazione libera sotto lo staggio in pos.carp. div. e sal. av rac.con 1 giro</p> 	<p>6.502 From HB – clear underswing with salto fwd tucked with 1½ turn (540°)</p> <p>Dallo SS – oscillazione libera sotto lo staggio e salto avanti raccolto con 1 ½ avv. (540°)</p> 	<p>6.602</p>

6.000 — USCITE

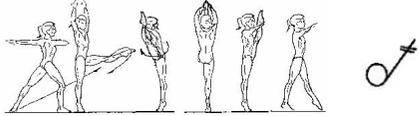
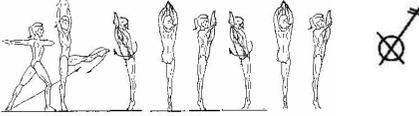
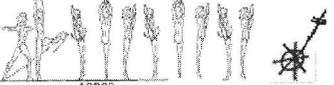
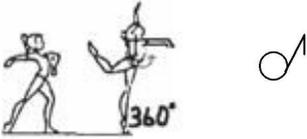
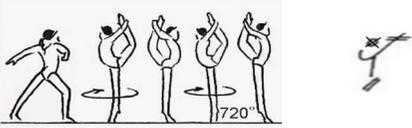
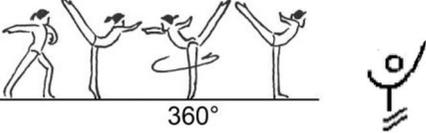
A	B	C	D	E	F/G/H
<p>6.105</p>	<p>6.205</p>	<p>6.305</p>	<p>6.405 <i>Double salto bwd tucked</i> <i>Doppio salto dietro raccolto</i></p>  <p>00</p>	<p>6.505 <i>Double salto bwd piked</i> <i>Doppio salto dietro carpiato</i></p>  <p>00N</p>	<p>6.605</p> <p>6.705 <i>Double salto bwd tucked or piked with 1/1 twist (360°)</i> <i>Doppio salto dietro racc. o carp. con 1 avv. (360°)</i></p>  <p>00N</p> <p>6.805 <i>Double salto bwd tucked with 2/1 twist (720°)</i> <i>Doppio salto dietro raccolto con 2 avv. (720°)</i></p>  <p>000</p>

1.000 – SALTI GINNICI

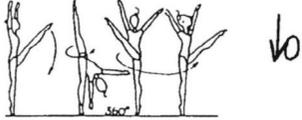
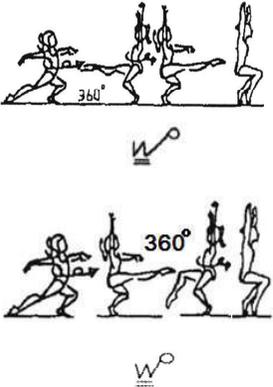
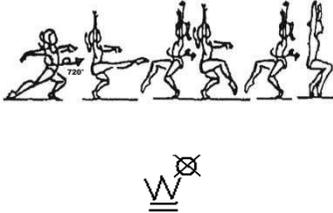
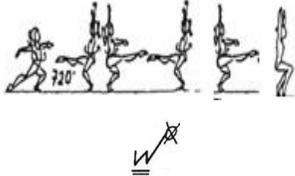
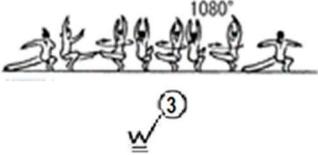
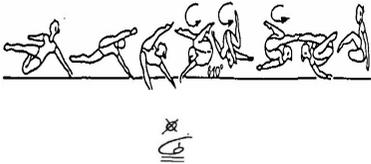
A	B	C	D	E	F/G
<p>1.109 (*) <i>Split jump (leg separation 180°)</i> <i>Enjambée sul posto (divaricata gambe 180°)</i></p>  <p>Stag jump <i>Salto del cervo (spinta a 2 piedi)</i></p>  <p>Stag jump with 1/2 turn (180°) <i>Salto del cervo con 1/2 giro (180°) – spinta a 2 piedi</i></p>  <p>Sissone (leg separation 180° on the diagonal/45° to the floor) take off two feet, land on one foot <i>Sissone (divaricata gambe a 180° in diagonale/45° dal suolo) spinta con 2 piedi, arrivo su un piede</i></p> 	<p>1.209 (*) <i>Ring jump (rear foot at head height, body arched and head dropped bwd, 180° separation of legs)</i> <i>Salto sul posto ad anello (piede dietro all'altezza della testa, corpo arcato e testa reclinata dietro, div. gambe a 180°)</i></p>  <p>Stag ring jump (rear foot at head height, body arched and head dropped bwd) <i>Salto del cervo sul posto ad anello (piede dietro all'altezza della testa, corpo arcato e testa reclinata dietro)</i></p>  <p>Split jump to ring position (180° separation of legs) <i>Enjambée sul posto ad anello (divaricata gambe 180°)</i></p>  <p>Split jump to ring position with 1/2 turn (180°) <i>Enjambée sul posto ad anello con 1/2 giro (180°)</i></p> 	<p>1.309 <i>Split ring leap (180° separation of legs)</i> <i>Enjambée ad anello (gambe divaricate a 180°)</i></p> 	<p>1.409* <i>Split leap, or split jump to ring position with 1/1 (360) turn</i> <i>Enjambée o Enjambée sul posto ad anello con 1 giro (360°)</i></p>   <p>Split leap to ring position with 1/2 turn (180°) <i>Enjambée ad anello con 1/2 giro (180°)</i></p> 	<p>1.509</p>	<p>1.609</p>

(*) Gli elementi nella stessa cella con (*) asterisco saranno riconosciuti solo una volta in ordine cronologico

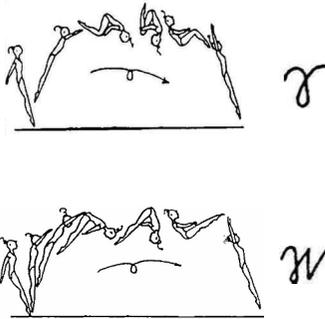
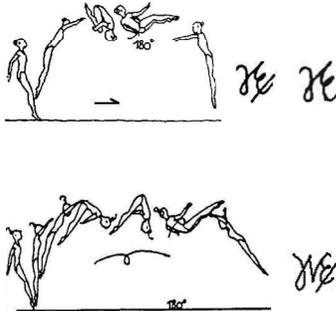
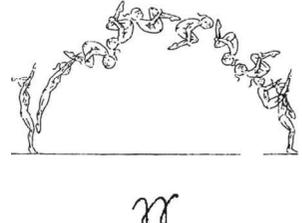
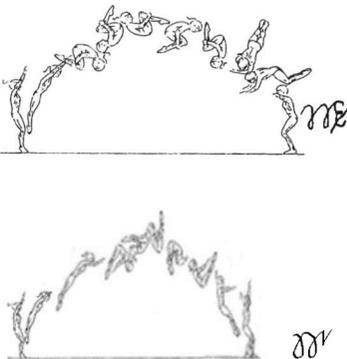
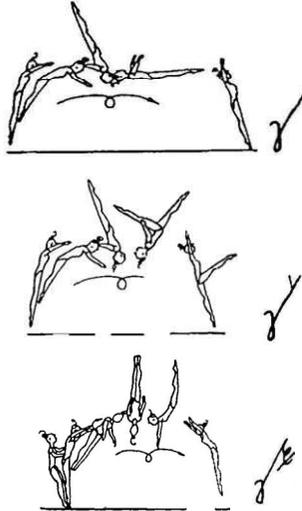
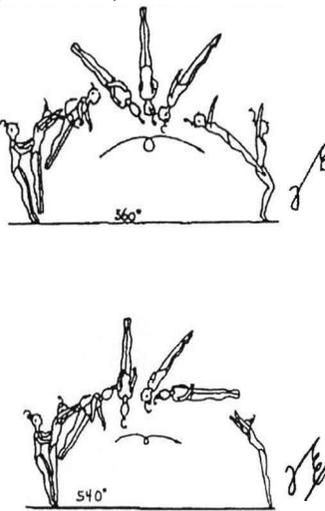
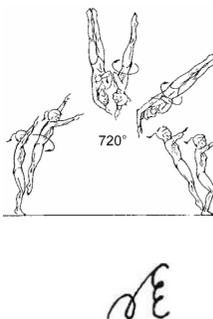
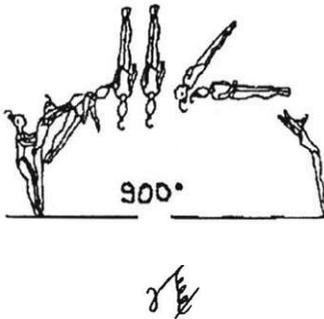
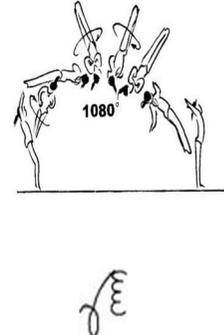
2.000 – PIROETTE

A	B	C	D	E	F/G
<p>2.103</p>	<p>2.203 1/1 turn (360°) with free leg held upward in 180° split position throughout turn 1 giro (360°) con gamba libera impugnata in divaricata a 180° per tutto il giro</p>  <p style="text-align: center;">360°</p>	<p>2.303</p>	<p>2.403 2/1 turn (720°) with free leg held upward in 180° split position throughout turn 2 giri (720°) con gamba libera impugnata in divaricata a 180° per tutto il giro</p>  <p style="text-align: center;">720°</p>	<p>2.503 3/1 turn (1080°) or more with free leg held upward in 180° split position throughout turn 3 giri (1080°) o più con gamba libera impugnata in divaricata a 180° per tutto il giro</p>  <p style="text-align: center;">1080°</p>	<p>2.603</p>
<p>2.104</p>	<p>2.204 1/1 turn (360°) in back attitude (knee of free leg at horizontal throughout turn) 1 giro (360°) in attitudo dietro (ginocchio della gamba libera all'orizz. per tutto il giro)</p>  <p style="text-align: center;">360°</p>	<p>2.304</p>	<p>2.404(*) 2/1 turn (720°) in back attitude (knee of free leg at horizontal throughout turn) 2 giri (720°) in attitudo dietro (ginocchio della gamba libera all'orizz. per tutto il giro)</p>  <p style="text-align: center;">720°</p> <p>2/1 giri (720°) con la gamba libera tenuta con entrambe le mani dietro/alto per tutto il giro</p>  <p style="text-align: center;">720°</p>	<p>2.504</p>	<p>2.604</p>
<p>2.105</p>	<p>2.205 1/1 turn (360°) in scale FWD with free leg above horizontal throughout turn 1/1 giro (360°) in orizzontale prona (scale) con la gamba libera sopra l'orizzontale per tutto il giro</p>  <p style="text-align: center;">360°</p>	<p>2.305</p>	<p>2.405</p>	<p>2.505</p>	<p>2.605</p>

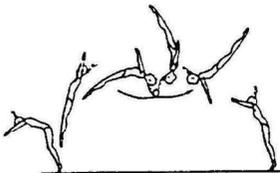
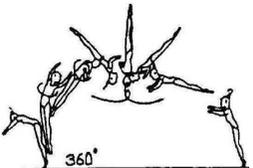
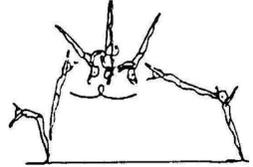
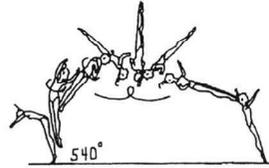
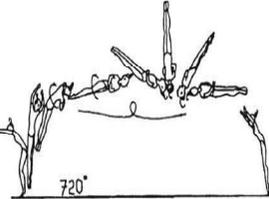
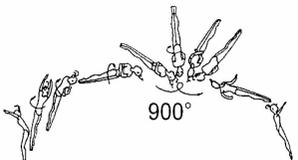
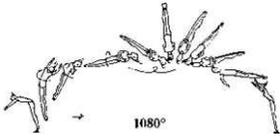
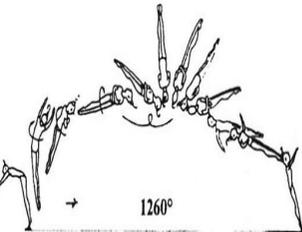
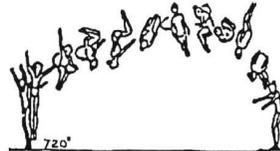
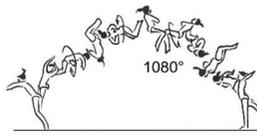
2.000 – PIROETTE

A	B	C	D	E	F/G
<p>2.106</p>	<p>2.206 1/1 illusion turn (360°) through standing split without touching floor with hand</p> <p>1 piroetta plongée (360°) passando per la posizione con le gambe in divar.sag. senza toccare il suolo con le mani</p> 	<p>2.306</p>	<p>2.406</p>	<p>2.506</p>	<p>2.606</p>
<p>2.107 (*) 1/1 turn (360°) in tuck stand on one leg - free leg optional 1 giro (360°) su una gamba in pos. accosciata – gamba libera in posizione facoltativa</p> 	<p>2.207 2/1 turn (720°) in tuck stand on one leg – free leg bent</p> <p>2 giri (720°) su una gamba in posizione accosciata – gamba libera piegata</p> 	<p>2.307</p>	<p>2.407 2/1 turn (720°) in tuck stand on one leg - free leg straight throughout turn (no turn initiation with a push from hands on floor)</p> <p>2 giri (720°) su una gamba in posizione accosciata -gamba libera tesa per tutto il giro (non iniziare il giro toccando il suolo con le mani)</p> 	<p>2.507 3/1 turn (1080°) or more in tuck stand on one leg - free leg straight throughout turn (no turn initiation with a push from hands on floor)</p> <p>3 giri (1080°) o più in pos. accosciata - gamba libera tesa per tutto il giro (non iniziare il giro toccando il suolo con le mani)</p> 	<p>2.607</p>
<p>2.108</p>	<p>2.208 2/1 spin (720°) or more on back in kip position (hip-leg < closed)</p> <p>2 giri (720°) o più sulla schiena (angolo anche-gambe chiuso)</p> 	<p>2.307</p>	<p>2.407</p>	<p>2.507</p>	<p>2.607</p>

4.000 – SALTI AVANTI & LATERALI

A	B	C	D	E	F/G/H
<p>4.101 Salto fwd tucked or piked <i>Salto avanti raccolto o carpiato</i></p> 	<p>4.201 Salto fwd tucked with 1/2 or 1/1 twist (180° or 360°), also Salto fwd piked with 1/2 twist (180°) <i>Salto av. raccolto con 1/2 o 1 avv. (180° o 360°), anche carpiato con 1/2 avv. (180°)</i></p> 	<p>4.301</p>	<p>4.401</p>	<p>4.501 Double salto fwd tucked <i>Doppio salto avanti raccolto</i></p> 	<p>4.601 – F- Double salto fwd tucked, with 1/2 twist (180°) or Double salto fwd piked <i>Doppio salto av. raccolto con 1/2 avv. (180°) o doppio salto av. carpiato</i></p> 
<p>4.102</p>	<p>4.202 Salto fwd stretched, also with 1/2 twist (180°) <i>Salto av. teso anche con 1/2 avv. (180°)</i></p> 	<p>4.302 Salto fwd stretched with 1/1 or 1 1/2 twist (360° or 540°) <i>Salto av. teso con 1 o 1 1/2 avv. (360° o 540°)</i></p> 	<p>4.402 Salto fwd stretched with 2/1 twist (720°) <i>Salto av. teso con 2 avv. (720°)</i></p> 	<p>4.502 Salto fwd stretched with 2 1/2 twist (900°) <i>Salto av. teso con 2 1/2 avv. (900°)</i></p> 	<p>4.602 Salto fwd stretched with 3/1 twist (1080°) <i>Salto Avanti teso con 3/1 avv. (1080°)</i></p> 

5.000 – SALTI INDIETRO

A	B	C	D	E	F/G/H/I/J
<p>5.101 Salto bwd tucked, piked, or stretched</p> <p>Salto dietro raccolto, carpiato o teso</p>  	<p>5.201 Salto bwd stretched with 1/2, or salto bwd tucked or stretched with 1/1 twist (180° or 360°)</p> <p>Salto dietro teso con 1/2 avv. o salto dietro racc. o teso con 1 avv. (180° o 360°)</p>  <p>360°</p>   	<p>5.301 Salto bwd stretched with 1 1/2 or 2/1 twist (540° or 720°)</p> <p>Salto dietro teso con 1 1/2 o 2 avv. (540° o 720°)</p>  <p>540°</p>   <p>720°</p> 	<p>5.401 Salto bwd stretched with 2 1/2 twist (900°)</p> <p>Salto dietro teso con 2 1/2 avv. (900°)</p>  <p>900°</p> 	<p>5.501 Salto bwd stretched with 3/1 twist (1080°)</p> <p>Salto dietro teso con 3 avv. (1080°)</p>  <p>1080°</p> 	<p>5.601 Salto bwd stretched with 3 1/2 twist (1260°)</p> <p>Salto dietro teso con 3 1/2 avv. (1260°)</p>  <p>1260°</p> 
<p>5.102</p>	<p>5.202</p>	<p>5.302</p>	<p>5.402 Double salto bwd tucked Doppio salto dietro raccolto</p>   <p>Double salto bwd piked Doppio salto dietro carpiato</p>  	<p>5.502 Double salto bwd tucked or piked with 1/1 twist (360°)</p> <p>Doppio salto dietro raccolto o carpiato con 1 avv. (360°)</p>  <p>360°</p>  	<p>5.602/ 5.702 5.802 Doppio salto dietro raccolto con 2 avv. (720°)</p>  <p>720°</p> <p>5.1002 Doppio salto dietro raccolto con 3 avv. (1080°)</p>  <p>1080°</p> 