

ROTAZIONE AGLI ATTREZZI NEL SERPENTONE Gold 2: Corpolibero, Volteggio, Parallele, Sbarra. Gold 3 e 1: Corpolibero, Cavallo/Fungo, Anelli, Volteggio, Parallele, Sbarra. Ad ogni attrezzo ci saranno 3’ di prova per squadra a seguire gara.

Entrat a Warm Up	Uscita Warm up	Inizi o gara		GOLD 2	Entrat a Warm Up	Uscita Warm up	Inizi o gara		GOLD 3
			COD	Società				COD	Società
08:00	08:30	08:40	06/2224	ENERGYM	08:00	08:30	08:40	10/596	EUR
08:10	08:40	08:50	3/112	SPES MESTRE 2°sq	08:10	08:40	08:50	2/87	SAMPIETRINA
08:20	08:50	09:00	10/284	GINNASTICA ROMANA	08:20	08:50	09:00	2/2993	ARTISTICA MILANO
08:30	09:00	09:10	2/78	LA COSTANZA A. MASSUCCHI	08:30	09:00	09:10	5/152	FRATELLANZA SAVONESE
08:40	09:10	09:20	1/35	VICTORIA TORINO	08:40	09:10	09:20	3/112	SPES MESTRE 2°sq
08:50	09:20	09:30	2/734	LIBERI E FORTI	08:50	09:20	09:30	6/162	P.G.F
09:00	09:30	09:40	1/18	LIBERTAS NOVARA	09:00	09:30	09:40	3/1764	CORPO LIBERO GYM TEAM 2°sq
09:10	09:40	09:50	11/2107	CAMPANIA 2000 2°sq	09:10	09:40	09:50	2/2744	ARES
09:20	09:50	10:00	9/228	BRACCIO FORTEBRACCIO 2°sq	09:20	09:50	10:00	4/736	ARTISTICA 81
09:30	10:00	10:10	2/56	GINNASTICA PROLISSONE 2°sq	09:30	10:00	10:10	1/463	LA MARMORA
09:40	10:10	10:20	3/112	SPES MESTRE 1°sq	09:40	10:10	10:20	14/3261	ASD TORRIONE
09:50	10:20	10:30	8/1136	FERMO 85	09:50	10:20	10:30	2/620	ALFONSO CASASI
10:00	10:30	10:40	1/20	FORZA E VIRTU' 1982	10:00	10:30	10:40	2/1512	GINNASTICA GIOY
10:10	10:40	10:50		Pausa	10:10	10:40	10:50		Pausa
10:20	10:50	11:00	3/2208	BLUKIPPE 2°sq	10:20	10:50	11:00	3/767	JUNIOR 2000
10:30	11:00	11:10	2/2136	ARTISTICA BRESCIA 2°sq	10:30	11:00	11:10	9/228	BRACCIO FORTEBRACCIO
10:40	11:10	11:20	1/9	PIETRO MICCA	10:40	11:10	11:20	10/284	GINNASTICA ROMANA
10:50	11:20	11:30	14/520	TERAMO	10:50	11:20	11:30	9/1287	CIRCOLO LAVORATORI TERNI
11:00	11:30	11:40	7/240	RAFFAELLO MOTTO	11:00	11:30	11:40	2/506	GHISLANZONI GAL
11:10	11:40	11:50	3/767	JUNIOR 2000	11:10	11:40	11:50	3/112	SPES MESTRE 1°sq
11:20	11:50	12:00	2/46	GINNASTICA PRO CARATE	11:20	11:50	12:00	3/1764	CORPO LIBERO GYM TEAM 1°sq
11:30	12:00	12:10	2/86	G.E.A.S.	11:30	12:00	12:10	4/121	UDINESE
11:40	12:10	12:20	2/60	JUVENTUS NOVA MELZO	11:40	12:10	12:20	16/1315	NEW SPORT
11:50	12:20	12:30	2/87	SAMPIETRINA	11:50	12:20	12:30	2/2136	ARTISTICA BRESCIA
12:00	12:30	12:40	5/127	ANDREA DORIA	12:00	12:30	12:40	10/3013	00100 SPORTING CLUB ROMA
12:10	12:40	12:50	2/1512	GINNASTICA GIOY 1°sq	12:10	12:40	12:50	12/1183	DELFINO
12:20	12:50	13:00	2/43	BRESCINA FORZA E COSTANZA	12:20	12:50	13:00	10/2750	RES NOVAE VELLETRI
12:30	13:00	13:10	2/506	GHISLANZONI GAL	12:30	13:00	13:10	12/1701	LA ROSA
		13:20					13:20		FINE GOLD 3
		13:30					13:30		
		13:40		PAUSA			13:40		
		13:50		PRANZO			13:50		PAUSA
		14:00					14:00		PRANZO
		14:10					14:10		
		14:20					14:20		GOLD 1
13:50	14:20	14:30	2/91	VARESINA	13:50	14:20	14:30	3/112	SPES MESTRE
14:00	14:30	14:40	2/2744	ARES	14:00	14:30	14:40	6/166	ASD PANARO
14:10	14:40	14:50	19/1847	ART'S & GYM	14:10	14:40	14:50	4/736	ARTISTICA 81
14:20	14:50	15:00	2/64	MILANESE FORZA E CORAGGIO	14:20	14:50	15:00	10/284	GINNASTICA ROMANA
14:30	15:00	15:10	4/1369	GEMONESE	14:30	15:00	15:10	8/251	VICTORIA FERMO
14:40	15:10	15:20	2/56	PRO LISSONE	14:40	15:10	15:20	8/2651	VICTORIA OSIMO
14:50	15:20	15:30	2/2136	ARTISTICA BRESCIA 1°sq	14:50	15:20	15:30	10/452	ROMA 70
15:00	15:30	15:40	9/228	BRACCIO FORTEBRACCIO 1°sq	15:00	15:30	15:40	2/2762	MILANO GYM LAB 2013
15:10	15:40	15:50	7/238	ROSIGNANO	15:10	15:40	15:50	3/1764	CORPO LIBERO GYM TEAM 2°sq
15:20	15:50	16:00	2/84	MARIO CORRIAS	15:20	15:50	16:00	10/579	CIVITAVECCHIA 2°sq
15:30	16:00	16:10	10/1802	GYMNOVA SPORTING CLUB	15:30	16:00	16:10	1/35	VICTORIA TORINO
15:40	16:10	16:20	4/1856	S. MARIA DI LESTIZZA	15:40	16:10	16:20		Pausa
15:50	16:20	16:30	11/2107	CAMPANIA 2000 1°sq	15:50	16:20	16:30	8/245	GIOVANILE ANCONA 1° sq
16:00	16:30	16:40		Pausa	16:00	16:30	16:40	10/579	CIVITAVECCHIA 1°sq
16:10	16:40	16:50	6/647	POL. CELLE	16:10	16:40	16:50	5/127	ANDREA DORIA
16:20	16:50	17:00	2/52	GINNASTICA VIRTUS	16:20	16:50	17:00	11/889	STABIA
16:30	17:00	17:10	7/227	AURORA	16:30	17:00	17:10	2/506	GHISLANZONI GAL
16:40	17:10	17:20	3/2208	BLUKIPPE 1°sq	16:40	17:10	17:20	2/2744	ARES
16:50	17:20	17:30	5/122	PRO CHIAVARI	16:50	17:20	17:30	7/227	AURORA
17:00	17:30	17:40	2/57	FANFULLA 1874	17:00	17:30	17:40	2/87	SAMPIETRINA
17:10	17:40	17:50	3/105	FORTITUDO 1875	17:10	17:40	17:50	2/44	PRO PATRIA BUSTESE
17:20	17:50	18:00	3/1764	CORPO LIBERO GYM TEAM	17:20	17:50	18:00	3/1764	CORPO LIBERO GYM TEAM 1°sq
17:30	18:00	18:10	10/2992	ESCHILO	17:30	18:00	18:10	2/56	PRO LISSONE
17:40	18:10	18:20	3/2606	PATAVIUM	17:40	18:10	18:20		FINE GOLD 1
17:50	18:20	18:30	12/1183	DELFINO	17:50	18:20	18:30		
		18:40		FINE GOLD 2			18:40		
		18:50					18:50		
		19:00					19:00		
		19:10					19:10		