

QUEST'ANNO A

GINNASTICA IN FESTA 2018

DAL 25 GIUGNO AL 1° LUGLIO

PARKOURGYM GIA' DAL 22 GIUGNO



DATA ORARIO	LUNEDI' 25 giugno	MARTEDI' 26 giugno	MERCOLEDI' 27 giugno	GIOVEDI' 28 giugno	VENERDI' 29 giugno	SABATO 30 giugno	DOMENICA 1 luglio
10.00/18.00	PARKOURGYM	PARKOURGYM	PARKOURGYM	PARKOURGYM	PARKOURGYM	PARKOURGYM	
10.00/18.00	ACROBATICA AEREA	ACROBATICA AEREA	ACROBATICA AEREA	ACROBATICA AEREA	ACROBATICA AEREA	ACROBATICA AEREA	
10.00/10.30	FUNCTIONAL TRAINING	AEQUILIBRIUM	FUNCTIONAL TRAINING	LIFE LONG TRAINING	ENERGY FITNESS GYM	KID'S PLAY MOVING	KID'S PLAY MOVING
11.00/11.30	KID'S PLAY MOVING	FUNCTIONAL TRAINING	AEQUILIBRIUM	FUNCTIONAL TRAINING	LIFE LONG TRAINING	ENERGY FITNESS GYM	KID'S PLAY MOVING
12.00/12.30	AEQUILIBRIUM	KID'S PLAY MOVING	KID'S PLAY MOVING	KID'S PLAY MOVING	FUNCTIONAL TRAINING	FUNCTIONAL TRAINING	
14.00/14.30	FUNCTIONAL TRAINING	AEQUILIBRIUM	FUNCTIONAL TRAINING	AEQUILIBRIUM	KID'S PLAY MOVING	AEQUILIBRIUM	
15.00/15.30	AEQUILIBRIUM	FUNCTIONAL TRAINING	FUNCTIONAL TRAINING	ENERGY FITNESS GYM	AEQUILIBRIUM	KID'S PLAY MOVING	
16.00/16.30	KID'S PLAY MOVING	AEQUILIBRIUM	KID'S PLAY MOVING	LIFE LONG TRAINING	ENERGY FITNESS GYM	FUNCTIONAL TRAINING	
17.00/17.30	FUNCTIONAL TRAINING	FUNCTIONAL TRAINING	FUNCTIONAL TRAINING	KID'S PLAY MOVING	FUNCTIONAL TRAINING	ENERGY FITNESS GYM	
18.00/18.30	AEQUILIBRIUM		FUNCTIONAL TRAINING	FUNCTIONAL TRAINING	KID'S PLAY MOVING	AEQUILIBRIUM	



Salute

AEQUILIBRIUM

KID'S PLAY MOVING

LIFE LONG TRAINING

Fitness

PARKOURGYM

ENERGY FITNESS GYM

FUNCTIONAL TRAINING